

Have you ever been involved in self-help support groups for families of substance abusers?

Have you ever sought therapy/counseling for a psychological, family, marital or other personal problem? If yes, please give details of the type of problem and dates:

Has any relative of yours ever had a problem with alcohol/drugs? If yes, please give details:

Relative Problem

Answer the following questions about yourself TRUE (T) or FALSE (F):

- ___ Adapt easily to difficult situations
- ___ Have difficulty saying "no" to requests for my help
- ___ Devote more time and energy solving problems of others than solving my own problems
- ___ Easily take on others pain
- ___ Am super responsible
- ___ Am extremely loyal
- ___ Have a history of being involved with other people who have substance abuse problems
- ___ Often feel responsible for the happiness of others
- ___ I believe that I will be able to stop the substance abuser from hurting him/herself
- ___ If I stop helping the substance abuser, he/she will probably end up dead
- ___ I feel like a hostage to the substance abuser's problem, but I can't let go

Signature _____ Date _____

Relationship to Patient _____



PRINCE WILLIAM HOSPITAL
PRINCE WILLIAM HEALTH SYSTEM

CPAT/INTENSIVE OUTPATIENT PROGRAM FAMILY QUESTIONNAIRE

Patient Label

PART I: GENERAL INFORMATION

Your Name: _____ Name of patient: _____

Who referred you and/or the patient here: _____

Your occupation: _____

Your employer: _____

Your home address: _____

Your relationship to the patient: _____

How long have you known him/her? _____

Do you currently live with the patient, and if so, for how long? _____

What recent crisis led you and/or the patient to seek professional help. Please be specific: _____

PART II: THE PROBLEM

What are the patient's primary drug(s) of choice?

Check the substances the patient has been using recently (within the past 3 months):

- ___ Alcohol-beer, wine, liquor
- ___ Marijuana
- ___ Hallucinogens - LSD, PCP, mushrooms, etc.
- ___ Inhalants - Nitrous oxide, etc.
- ___ Cocaine (snorting, smoking, injecting)
- ___ Crack
- ___ Amphetamines - speed
- ___ Ecstasy
- ___ Heroin
- ___ Tranquilizers - Valium, Xanax, Librium, etc.
- ___ Anti-depressants - Norpramine, Elavil, Triavil, etc.
- ___ Sleeping pills, pain pills, seconal, tuinol, etc.
- ___ Other pills - specify: _____
- ___ Nicotine

Have you experienced any of the following in your relationship with the patient?

- _____ physically abusive
- _____ verbally abusive
- _____ sexually abusive
- _____ financial problems
- _____ health problems
- _____ neglect of responsibilities (school, work, etc.)
- _____ legal problems
- _____ loss of job, income
- _____ loss of personal property
- _____ isolation from family and friends
- _____ Other: _____

For how long has the alcohol/drug problem existed?

When and how did you first become aware of the problem?

Please describe the patient's previous treatment for substance abuse and/or mental health:

Hospitalizations: _____

Outpatient Alcohol/Drug Programs: _____

Psychotherapy/Counseling: _____

Other: _____

Reasons for previous failure: _____

What do you think should be done right now that was not done before to insure success?

PART III: YOU AND THE FAMILY

In what ways have you tried to handle the patient's alcohol/drug problem?

What has helped in terms of getting the patient to acknowledge the problem and need for help?

How much money have you and other family members given the patient:

During the past month: \$ _____ During the past 6 months: \$ _____

Please give us your view of the patient's alcohol/drug use by answering these questions:

In my view, the patient's alcohol/drug problem is: _____ mild _____ moderate _____ severe

The alcohol/drug problem is a disease requiring treatment and total abstinence: True False

The alcohol/drug problem is just a symptom of his/her psychological problems: True False

In what ways has the patient's substance abuse caused problems for you and your family?

What personal problems are you experiencing as a result of the alcohol/drug use?

What feelings does the patient's alcohol/drug use set off in you?

What do you think will happen if the patient continues or returns to alcohol/drugs?

Have you ever sought treatment for alcohol/drug use? If yes, please give details of the doctor, facility, and dates of treatment.
